

Swimming

Lessons

11/2 - 21 years

Private Half Hour Lessons 5 - 21 years

Monday 4:30pm - 7pm

January 9 - March 26 **\$90**

April 2 - June 11 **\$81**

Grandview Children's Centre - 600 Townline Road South, Oshawa

Tuesday 4:45pm - 6:45pm

January 10 - March 20 **\$90**

April 3 - June 5 **\$90**

PER SERIES

Wednesday 4:30pm - 7pm

January 11 - March 21 **\$90**

April 4 - June 6 **\$90**

PER SERIES

Saturday 8:30am - 10am

January 7, 21, February 4, 11, March 3, 17
April 14, 21, May 5, 26, June 2, 16

\$54

PER SERIES

Grandview Children's Centre - 600 Townline Road South, Oshawa



Private Lessons

Grandview in partnership with the City of Oshawa, will offer private swimming lessons at the Legends Centre and South Oshawa Community Centre for children and youth ages 4-21 years. Register through the City of Oshawa's Leisure-on-line www.oshawa.ca/lol or at any City of Oshawa recreation centre. Please note that there is a 20% surcharge for non City of Oshawa residents. Registration commences on February 15, 2012

Wednesday 4:45pm - 6:15pm \$149.50

March 21 - May 23

South Oshawa Community Centre, 1455 Cedar Street

Friday 5pm - 7pm \$149.50

March 23 - June 1

Legends - 1661 Harmony Rd. N. Oshawa



Swim Fit

Swim Fit is designed to increase endurance, fitness and swimming skills in a fun environment. Swim Fit participants must be able to swim one length of the pool with or without a life jacket.

South Oshawa Community Centre, 1455 Cedar Street



Wednesday 5pm - 5:45pm

March 21 - May 23

\$60

Fun Fit

An active shallow water class designed to increase physical activity in the water and provide social interaction and fun for children who may or may not be able to swim.

South Oshawa Community Centre, 1455 Cedar Street, Oshawa



Wednesday 5:45pm - 6:15pm

March 21 - May 23

\$60

Tot n' Me 11/2 - 4 yrs

For toddlers with a parent or caregiver. Designed to build confidence in the water playing games and singing songs, while experiencing movement and buoyancy.

Grandview Children's Centre, 600 Townline Rd. South, Oshawa

Saturday 10am - 10:45am

Jan. 7, 21, Feb. 4, 11, Mar. 3, 17
and

Apr 14, 21, May 5, 26, June 2, 16

\$42 per series



Important Information

No Classes on: Family Day, Feb. 20, March Break, Easter Monday April 9, Victoria Day, May 21

REGISTRATION and PAYMENT are required prior to start date.

Participant profile is required every three years

Registration Hotline 905.728.1673 ext. 2247 or 1.800.304.6180

www.grandviewcc.ca

Recreation activities are supported by the fundraising efforts of Grandview Children's Foundation.

To show your support, please visit our website at www.helpourkids.ca

For Children and Youth with
Special Needs

11/2 - 21 years



GRANDVIEW
CHILDREN'S
CENTRE

Recreation activities

Winter/Spring 2012

Join the Fun!

Qualified Staff
Low participant: Instructor ratio
Social Interaction
Free Spirit Dance
Music Therapy
Sports Night
Martial Arts... and Much More!

Contact us
905.728.1673 x 2247
1.800.304.6180
www.grandviewcc.ca



Recreation and Leisure programs are supported by Grandview Children's Foundation.

Show your support! Visit www.helpourkids.ca

Preschool Programs

Toddler Playtime 2 - 5 yrs

Transition to independence without parents. Includes crafts, circle time, group activities, games and songs with a music therapist.

Tuesday 10:30am - 12pm

January 17 – March 27

April 3 – June 5

Held at Grandview, Main Facility

Cost \$55 per series



Tuesday 5:30pm - 7pm

January 17 – March 27

April 3 – June 5

McLean Community Centre

95 Magill Drive, Ajax

Cost \$55 per series

Saturday 10am - 11:30am

January 21, February 4, 11, March 3, 17

Cost \$27

April 14, 21, May 5, 26, June 2, 16

Cost \$32

McLean Community Centre,

95 Magill Drive, Ajax

Free Spirit Dance 3 - 6 yrs

Get ready to free your mind and discover dance with all kinds of music. Every week will be a different theme and style. Let the music enter your heart and move your feet...every week a new sound with a new step. Come and join the experience! Classes are taught by a certified dance instructor. Come out and have fun while you learn dance techniques and movements that focus on rhythm and coordination.

Thursday 6pm - 7pm

January 12 – March 22

April 5 – June 7

Grandview Children's Centre,

600 Townline Rd. South,

Oshawa

\$55 per series

Preschool Skate

A leisure skate for families with young children. Sledges and ice aids will be available.

Pickering Recreation Complex, 1867 Valley Farm Road

Wednesday 10am - 10:50am

January 4 - March 7

\$2 per adult per skate



School Age & Youth Programs

Martial Arts 7 - 21 yrs

Learn new skills with a Black Belt instructor, develop positive self-esteem while meeting new friends.

Monday

6pm - 7pm Beginner & 7:15pm - 8:15pm Intermediate

January 9 – March 26 & April 2 – June 18

Lakeside Community School,

4 Parkes Drive, Ajax

\$70 per series

Wednesday

6:15pm - 7:15pm Beginner & 7:30pm - 8:30pm Intermediate

January 11 – March 21 & April 4 – June 6

Grandview Children's Centre,

600 Townline Rd. South, Oshawa

\$70 per series



Bowling 10 - 21 yrs

Play 2 - 3 games each week. Registrants will be able to participate in the National Youth Bowling Council program.

NEBS Funworld, 1300 Wilson Road North, Oshawa

Monday 5:45pm - 7:45pm

January 9 – March 26 **Cost: \$96**

April 2 – June 11 **Cost: \$86**

School Age & Youth Programs

...continued

Sports Night 8 - 21 yrs

This non-competitive and fun program is designed to teach the basics of several indoor sports with a low participant to instructor ratio. Activities are modified to meet the needs of participants.

Sinclair Secondary School, 380 Taunton Road East, Whitby

Wednesday 6pm - 7pm (8-13 years)

Wednesday 7pm - 8pm (14-21 years)

January 11 – March 21

April 4 – June 6

Cost: \$30 per series

Saturday Fun 6 - 12 yrs

Enjoy music, expressive art, theme day activities and cooperative games with the emphasis on fun and socialization.

Grandview Children's Centre, 600 Townline Rd. South, Oshawa

Saturday 9:30am - 12pm

Jan. 7, 21, Feb. 4, 11, Mar. 3, 17

and

Apr. 14, 21, May 5, 26, June 2, 16

\$66 per series

Multi-Sport Inclusion Program 8 - 17 yrs

Youth with Autism

This non-competitive and fun program is designed to teach the basics of several indoor sports with a low participant to instructor ratio. Each week a new sporting activity, such as indoor soccer, floor hockey, basketball, volleyball and more, will be introduced. Visual supports to aid with participation will be available and can be individualized upon request.

Mary Street Community School, 110 Mary Street North, Oshawa



Thursday 6pm - 7pm (8 - 12 yrs)

7:15pm - 8:15pm (13 - 17 yrs)

January 12 – March 22

April 5 – June 7

\$50 per series

T.G.I.F Night Out 13 - 21 yrs

It's cool... play a game of pool or a board game, listen to music and hang out with friends.

Oshawa Community Health Centre, 115 Grassmere Avenue, Oshawa

Friday 6:15pm - 8:45pm

Jan. 6, 20, Feb. 3, 10, Mar. 2, 16

and

Apr 13, 20, May 4, 25, June 1, 15

\$30 per series

Create & Chat 13 - 21 yrs

Participants will make different expressive art projects each week, with a focus on experiencing a variety of mediums, while interacting with peers. There will be guest visits from an art therapist.

Grandview Children's Centre, 600 Townline Rd. South, Oshawa

Saturday 1pm - 3:30pm

Jan. 7, 21, Feb. 4, 11, Mar. 3, 17

and

Apr. 14, 21, May 5, 26, June 2, 16

\$90 per series

Music Therapy with Erin (Grandview clients only)

Erin is a certified music therapist and uses music to motivate and support children's communication skills. The benefits of music therapy include developing communication, expanding social skills, stimulating self-expression and self-awareness. It is our aim to not only work towards these goals during each session, but also to see progress generalize into other aspects of the child's life including the classroom, family life and community involvement. The program will consist of small group sessions of 5 participants with similar needs and goals.

Lakeside Community School, 4 Parkes Drive, Ajax

Wednesday 6pm - 6:45pm &

7pm - 7:45pm

January 18 – March 21

April 4 – June 6

No Cost

Please call the Recreation

Hotline at ext. 2247 to register



Check out our website www.grandviewcc.ca for more information.